

Dear [REDACTED]

In answer to your letter 30<sup>th</sup> Dec. We have had our Sauna for nearly a year, and it is situated in our garage a few steps from the lounge door.

I find it is a wonderful relief for my Arthritis and the time I spend in it with a book is quality time; my husband prefers listening to CDs.

It is also great for getting rid of aches and pains after gardening and as a bonus it clears the sinuses. Yesterday I had the unique experience of sitting in it and watching the snow falling a couple of feet away.

We pay for ours by putting a few pence in a pot each time we use it but up to now I have not noticed the difference to my monthly bill. For us it was definitely money well spent.

